

Know Your Limits: A Survey of Abstention in Large Language Models

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Abstract

Abstention, the refusal of large language models (LLMs) to provide an answer, is increasingly recognized for its potential to mitigate hallucinations and enhance safety in LLM systems. In this survey, we introduce a framework to examine abstention from three perspectives: the query, the model, and human values. We organize the literature on abstention methods, benchmarks, and evaluation metrics using this framework, and discuss merits and limitations of prior work. We further identify and motivate areas for future work, centered around whether abstention can be achieved as a meta-capability that transcends specific tasks or domains, while still providing opportunities to optimize abstention abilities based on context.

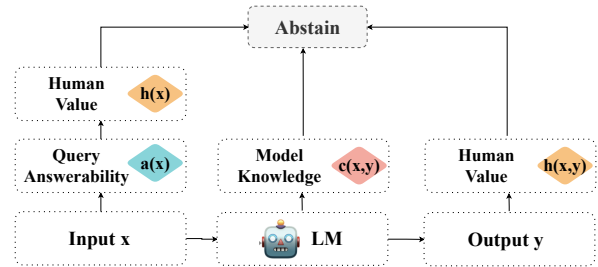


Figure 1: Our proposed framework for abstention in language models. Starting with input query x , the query can be gauged for answerability $a(x)$ and alignment with human values $h(x)$. The model then generates a potential response y based on the input x . If query conditions are not met, the model’s confidence in the response $c(x, y)$ is too low, or if the response’s alignment with human values $h(x, y)$ is too low, the system should abstain.

1 Introduction

Large language models (LLMs) have demonstrated generalization capabilities across NLP tasks such as question answering (QA) (Wei et al., 2022; Chowdhery et al., 2022), abstractive summarization (Zhang et al., 2023a), and dialogue generation (Yi et al., 2024). But these models are also unreliable, having a tendency to “hallucinate” false information in their responses (Ji et al., 2023b), generate overly certain or authoritative responses (Zhou et al., 2024b), answer with incomplete information (Zhou et al., 2023b), or produce harmful or dangerous responses (Anwar et al., 2024). In these situations, the model should ideally *abstain*: to refuse to answer in the face of uncertainty (Wen et al., 2024; Feng et al., 2024b; Yang et al., 2023).

Current methods to encourage abstention typically rely on calibration techniques, including linguistic calibration (Mielke et al., 2022; Huang et al., 2024b), which aim to accurately and consistently estimate a model’s confidence in its response, then arrange for the model to abstain if the confidence score for a given response falls below some threshold (Varshney et al., 2022; Xiao et al.,

2022; Desai and Durrett, 2020). But questions of human values and the answerability of the query itself are difficult to model in terms of model confidence (Yang et al., 2023).

While prior work demonstrates the potential of abstention in enhancing model safety and reliability (Varshney et al., 2023; Wang et al., 2024c; Zhang et al., 2024a), the study of abstention has also been constrained to specific QA tasks. This task-specific approach limits the broader applicability of abstention strategies across the diverse range of scenarios encountered by general-purpose chatbots engaging in open-domain interactions. Recognizing these limitations, this paper aims to broaden the understanding of abstention by studying it within a general chatbot system framework. Our goals are to encourage new methods to achieve abstention and adapt abstention mechanisms to suit a wide array of tasks, thereby enhancing the overall robustness and trustworthiness of AI interactions.

To this end, our survey presents an overview of the current landscape of abstention research. We provide a definition of abstention that incorporates

not only technical perspectives—query examination and model capabilities—but also considers alignment with human values. We categorize existing methods to improve abstention in LLMs based on the model lifecycle (pretraining, alignment, and inference), and provide an analysis of evaluation benchmarks and metrics used to assess abstention. In our discussion, we aim to establish a clear entry point for researchers to study the role of abstention across tasks, facilitating the incorporation of new abstention techniques into future LLM systems.

We summarize our contributions below:

- We introduce a framework to analyze abstention capabilities from three perspectives—the query, the model, and human values. This framework organizes existing research and provides a foundation for developing adaptable and robust abstention mechanisms for AI systems (§2).
- We conduct a detailed survey of existing abstention methods (§3) as well as evaluation benchmarks and metrics (§4), aiding researchers in selecting appropriate strategies and identifying areas for further research to advance the field.
- We discuss other considerations and underexplored aspects (§5) of abstention, highlighting pitfalls and promising future directions. We encourage researchers to develop more robust model abstention mechanisms and demonstrate their effectiveness in real-world applications.

2 Abstention in LLMs

Definition We define *abstention* as the refusal to answer a query. Abstention includes a spectrum of behaviors ranging from *partial* to *full* abstention (Röttger et al., 2024a); for example, expressing uncertainty, providing conflicting conclusions, or refusing to respond due to potential harm are all forms of abstention. When a model fully abstains, it may respond “I don’t know” or refuse to answer in another way. Whereas partial abstention may involve both answering and abstention, such as self-contradictory responses, e.g., “I can’t answer the question, but I suppose the answer might be...” We do not consider ignoring and/or reframing the question as abstention; but rather as failure modes of LLMs in following instructions (Röttger et al., 2024a; Varshney et al., 2023).

For the *abstention expression*—the words a model uses to convey that it has abstained—we adopt five major types of expressions from prior work (Varshney et al., 2023; Wang et al., 2024c),

indicating that the model (i) cannot assist; (ii) refutes the query; (iii) provides multiple perspectives without expressing preference; (iv) perceives risk associated with the query and answers cautiously with a disclaimer; and (v) refuses to offer concrete answers due to lack of knowledge or certainty. Expressions can be identified through heuristic rules and key word matching (Zou et al., 2023; Wen et al., 2024; Yang et al., 2023), and through model-based or human-based evaluation (§4).

Below, we describe and motivate our framework for analyzing abstention behavior (§2.1), then provide a formal definition of its components (§2.2).

2.1 Abstention Framework

We study abstention in the scenario of LLMs as AI assistants, exemplified by chatbots such as ChatGPT (OpenAI, 2023; Achiam et al., 2023), Claude (Anthropic, 2023), LLaMA (Touvron et al., 2023), and others (Chiang et al., 2023). We propose an idealized abstention-aware workflow for these systems in Fig. 1. Given an LLM f that supports arbitrary generative modeling tasks and the users’ input x , f generates an output y . We analyze the decision to abstain from three distinct but interconnected perspectives:

- The **query** perspective focuses on the nature of the input—whether the query is ambiguous or incomplete (Asai and Choi, 2021), beyond what any human or model could possibly know (Amayuelas et al., 2023), there is irrelevant or insufficient context to answer (Aliannejadi et al., 2019; Li et al., 2024b), or there are knowledge conflicts (Wang et al., 2023b). In these situations, the system should abstain.
- The **model knowledge** perspective examines the capabilities of the AI model itself, including its design, training, and inherent biases (Ahdritz et al., 2024; Kim and Thorne, 2024; Hestness et al., 2017; Hoffmann et al., 2022; Kaplan et al., 2020). For any given query, the system should abstain if the model is insufficiently confident about the correctness of output or has a high probability of returning an incorrect output.
- The **human values** perspective considers ethical implications and societal norms that influence whether a query should be answered, emphasizing the impact of responses on human users (Kirk et al., 2023a). A system should abstain if asked for personal opinions or values (i.e., the query anthropomorphizes the model), or if the query or

response may compromise safety, privacy, fairness, or other values.

For examples of queries and outputs meeting conditions for abstention, please see Appendix Tab. 2.

2.2 Problem Formulation

Consider an LLM $f : \mathcal{X} \rightarrow \mathcal{Y}$. When given a prompt $\mathbf{x} \in \mathcal{X}$, f generates a response $\mathbf{y} \in \mathcal{Y}$. We model refusal to answer (abstention) as a function $r : \mathcal{X}, \mathcal{Y} \rightarrow \{0, 1\}$ where $r(\mathbf{x}, \mathbf{y}) = 1$ indicates the system will abstain from answering and $r(\mathbf{x}, \mathbf{y}) = 0$ indicates the system will return the output \mathbf{y} .

We define r as the conjunction of three functions, to be defined by a system designer, to assess query *answerability*, the *confidence* of the LLM’s response to the query, and the *human value alignment* of the query and response. We define these three functions as:

- Query function $a : \mathcal{X} \rightarrow [0, 1]$. $a(\mathbf{x})$ represents whether an input \mathbf{x} can be answered.
- Model confidence function $c : \mathcal{X}, \mathcal{Y} \rightarrow [0, 1]$. $c(\mathbf{x}, \mathbf{y})$ indicates the model f ’s confidence in its output \mathbf{y} based on input \mathbf{x} .
- Human value alignment functions $h : \mathcal{X}, \mathcal{Y} \rightarrow [0, 1]$. We define two variants of h : $h(\mathbf{x})$ operates on the input alone and determines its alignment with human values, and $h(\mathbf{x}, \mathbf{y})$ operates on both the input \mathbf{x} and predicted output \mathbf{y} . h is measured either through human annotation (Ouyang et al., 2022) or a proxy model that can be learned based on human preferences (Gao et al., 2023).

The refusal function r determines whether the LLM should provide output \mathbf{y} in response to input \mathbf{x} as:

$$r(\mathbf{x}, \mathbf{y}) = \begin{cases} 1 & \text{if } a(\mathbf{x}) < \theta_a \text{ or } c(\mathbf{x}, \mathbf{y}) < \theta_c \\ & \text{or } h(\mathbf{x}, \mathbf{y}) < \theta_h \\ 0 & \text{otherwise} \end{cases}$$

where θ_a , θ_c , and θ_h are score thresholds for each of the three functions.

3 Abstention Methodology

We classify abstention methodology (Fig. 2) from an *LLM-centered* perspective, based on when they are applied in the LLM lifecycle: pretraining, alignment, or inference. Below, we summarize prior work and provide ideas for future experiments.

3.1 Pretraining Stage

Pretraining methods to promote abstention are rare. One notable exception is Neeman et al. (2023), who

perform data augmentation in pretraining to encourage LLMs to predict unanswerable when presented with an empty or randomly sampled document.

Pretraining Summary & Ideas

- Adding refusal-aware data in pre-training is not well-studied.
- Demystify Pretraining Corpora: Investigate how the distribution of refusal-aware data in pretraining corpora impact model abstention ability.
- Coarse-to-fine Abstention Pretraining: Adding data source information including domain and reasons to abstain into pretraining may be helpful for abstention ability and interpretability.

3.2 Alignment Stage

Instruction tuning To improve abstention capabilities, Yang et al. (2023) construct an honesty alignment dataset by substituting LLM’s wrong or uncertain responses with “I don’t know” and finetuning on the resulting data. Zhang et al. (2024a) introduce *R*-tuning, constructing and finetuning on a refusal-aware dataset and showing improved abstention capabilities; they argue that refusal-aware answering is task-independent and could benefit from multi-task training and joint inference. In recent work, Brahman et al. (2024) demonstrate that finetuning with LoRA (Hu et al., 2022) significantly improves abstention while maintaining general task performance. Furthermore, Wolfe et al. (2024) show that various LLMs exhibit differing levels of abstention improvement following finetuning with QLoRA (Detmers et al., 2023). However, Feng et al. (2024b) present contradictory findings that abstention instruction tuning struggles to generalize across domains and LLMs. Cheng et al. (2024) find that instruction-tuning makes models more conservative, leading to incorrect refusals.

Towards alignment with human values, Bianchi et al. (2024) show that adding a small number of safety instructions to instruction tuning data reduces harmful responses without diminishing general capabilities, whereas an excessive number of safety instructions makes LLMs overly defensive. Varshney et al. (2023) construct responses for unsafe prompts by combining fixed refusal responses with Llama-2-generated safe responses, and see similar results. Wallace et al. (2024) finetune LLMs to follow hierarchical prompts, enhancing the fine-grained abstention ability of LLMs. Zhang et al. (2023b) also fine-tune LLMs with distinct goal priority instructions and instruct LLMs to prioritize safety over helpfulness during inference.

However, safety tuning is not always helpful for abstention on unseen data. For example, Lyu et al. (2024) note that benign finetuning can increase unsafe behaviors in aligned LLMs (Qi et al., 2024).

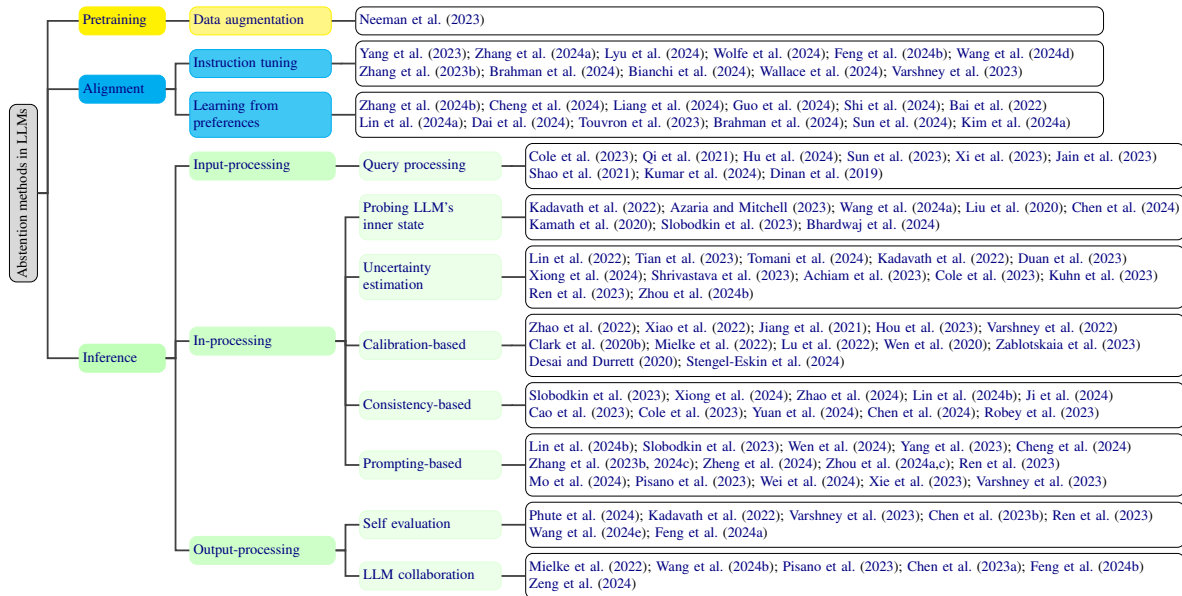


Figure 2: Methods to improve LLM abstinence grouped by pretraining, alignment, and inference stages.

To address this, Wang et al. (2024d) finetune LLMs to evaluate their own outputs for harm and append a “harmful” or “harmless” tag to its responses instead of directly tuning LLMs to abstain.

Instruction Tuning Summary & Ideas

- Instruction tuning on abstinence-aware data improves abstinence ability but can lead to over-abstention.
- Researchers disagree on whether instruction tuning helps LLMs learn abstinence as a meta-capability.
- 🔑 Heterogeneous approaches: Abstention-aware instruction tuning datasets tend to emphasize a few question-response formats. Incorporating other abstinence expressions, definitions, and domains may improve generalization. Ensembling models trained in different abstinence domains, e.g., mixture of LoRA experts, may also help achieve better generalization.

Learning from preferences Tuning LLMs on abstinence-aware data may lead to overly conservative behavior, causing erroneous refusals of queries. Cheng et al. (2024); Brahman et al. (2024) address this through Direct Preference Optimization (Rafailov et al., 2023), encouraging the model to answer questions it knows and refuse questions it does not know. Similarly, Liang et al. (2024) train a reward model using Proximal Policy Optimization (Schulman et al., 2017) to learn abstinence preferences, leveraging hallucination scores to determine the LLM’s knowledge boundary. Factuality alignment methods (Lin et al., 2024a; Zhang et al., 2024b) employ a factuality-aware reward model.

Safety alignment methods (Dai et al., 2024; Touvron et al., 2023; Bai et al., 2022; Shi et al., 2024; Kim et al., 2024a) use explicit or implicit preference models to reduce harmfulness, which though not explicitly focused on abstinence, will encourage abstinence on unsafe prompts. E.g., Kim et al.

(2024a) apply an iterative self-refinement process, where rejected answers are those labeled as harmful by the reward model, and chosen answers (usually abstinence) are obtained through self-feedback. Other studies have explored multi-objective alignment approaches (Guo et al., 2024; Sun et al., 2024) to encourage safe and helpful model behavior.

Learning from Preferences Summary & Ideas

- Preference optimization can help reduce over-abstention introduced by instruction tuning on refusal-aware data.
- 🔑 Ranking-based preference optimization: Since abstinence is a spectrum of behaviors, ranking-based preference optimization can extend the pair-wise contrast to accommodate rankings over different degrees of abstinence.

3.3 Inference Stage

We categorize inference stage methods as input-processing, in-processing, or output-processing approaches based on when they are applied.

3.3.1 Input-processing Approaches

Query processing From the query perspective, LLMs can choose to abstain based on the query answerability. In this context, Cole et al. (2023) try to first predict the ambiguity of questions derived from the AmbigQA dataset (Min et al., 2020) to disentangle the ambiguity from query to model.

Other methods aim to identify queries that are misaligned with human values. For example, Qi et al. (2021) and Hu et al. (2024) detect malicious queries needing abstinence by removing suspect words from the query and analyzing the resulting drop in perplexity. Some more exhaustive approach Sun et al. (2023); Jain et al. (2023) further investigate changes in backward probability following

word deletion, word replacement, sentence paraphrasing, perplexity filtering and retokenization. The BDDR framework (Shao et al., 2021; Kumar et al., 2024) employs a pre-trained language model classifier to discern discriminative results after altering suspicious words. Similarly, Xi et al. (2023) measure changes in representation between original and paraphrased queries using a set of distributional anchors to identify harmful queries. Dinan et al. (2019) suggest a self-adversarial training pipeline as an attack classifier; when a malicious query is detected, the LLM has the option to either abstain from responding or modify the input accordingly.

Query Processing Summary & Ideas

- Query processing approaches focus on assessing query ambiguity or human value alignment.
- 💡 Context awareness: Existing work focuses on query-only processing, overlooking insufficient or conflicting context for context-dependent tasks.

3.3.2 In-processing Approaches

Probing LLM’s inner state Recent studies, such as those by Kamath et al. (2020) and Azaria and Mitchell (2023), focus on training calibrators based on LLM internal representation to predict the accuracy of the model’s responses, enabling abstention when the likelihood of error is high. Further probing into the internal representations of LLMs to discern between answerable and unanswerable queries has been conducted by Slobodkin et al. (2023), Kadavath et al. (2022), and Liu et al. (2020). Additionally, Chen et al. (2024) introduce the EigenScore, a novel metric derived from LLM’s internal states, which can facilitate abstention by quantifying the reliability of the model’s knowledge state.

In terms of leveraging the LLMs’ internal states for safety judgments, Wang et al. (2024a) extract safety-related vectors (SRVs) from safety-aligned LLMs; which are then used as an abstention gate to steer unaligned LLMs towards safer task performance. Furthermore, Bhardwaj et al. (2024) demonstrate that integrating a safety vector into the weights of a finetuned LLM through a simple arithmetic operation can significantly mitigate the potential harmfulness of the model’s responses.

Probing LLM’s Inner State Summary & Ideas

- LLM’s internal representations can indicate model knowledge boundaries and safety awareness.

Uncertainty estimation Estimating the uncertainty of LLM output can serve as a proxy for making abstention decisions. Negative Log-Likelihood (NLL) has been widely used to assess the uncertainty of LLM responses (Lin et al., 2022; Tian et al., 2023; Tomani et al., 2024; Kadavath et al.,

2022). Enhancing this approach, Lin et al. (2022) and Tian et al. (2023) append "True"/"False" tokens to model responses and examine the NLL of the appended token to refine uncertainty estimates. Tomani et al. (2024) assess Predictive Entropy and Semantic Entropy (Kuhn et al., 2023) of responses. Duan et al. (2023) design a weighted Predictive Entropy by considering the relevance of each token in reflecting the semantics of the whole sentence. However, other work shows that aligned LLMs may not have well-calibrated logits (Cole et al., 2023; Achiam et al., 2023) and may have positional bias and probability dispersion (Ren et al., 2023).

Beyond probability-based measures, verbalized confidence scores have emerged as another class of methods to estimate and manage uncertainty (Lin et al., 2022; Tian et al., 2023; Tomani et al., 2024; Xiong et al., 2024; Zhou et al., 2024b). Tian et al. (2023) and Xiong et al. (2024) examine prompting methods including chain-of-thought, self-probing, top- k , and linguistic likelihood expressions to eliciting confidence scores. Shrivastava et al. (2023) use another LLM to verbalize confidence scores. Zhou et al. (2024b) find that language models (LMs) exhibit a reluctance to express uncertainties when answering questions, even when their responses are incorrect. Although LMs can be explicitly prompted to express confidence, verbalized confidence scores have been found to be overconfident (Xiong et al., 2024; Zhou et al., 2024b).

Uncertainty Estimation Summary & Ideas

- Uncertainty can act as proxy for abstention. However, neither probability-based measures nor verbalized confidence may be well-calibrated.
- 💡 Uncertainty estimation could be used as a key aspect of explainable AI. The model could communicate its uncertainty or insufficient confidence in its response, which could foster user trust and engagement by making the model’s decision-making process more transparent and understandable.

Calibration-based methods Estimated uncertainty levels may not accurately represent the likelihood of a model’s outputs being correct, so numerous studies focus on calibrating the uncertainty of LLMs. The authors of Electra (Clark et al., 2020b) implement a decoding strategy known for its effective calibration. Jiang et al. (2021) improve calibration by augmenting inputs and paraphrasing outputs. The Max Softmax Probability approach (Varshney et al., 2022) uses peak softmax output as a confidence estimator. Temperature Scaling (Xiao et al., 2022; Desai and Durrett, 2020; Jiang et al., 2021) involves modifying the softmax temperature to refine calibration during decoding. Additionally, Monte-Carlo Dropout (Varshney et al., 2022; Zablotskaia et al., 2023) employs multiple

predictions with varying dropout configurations to assemble a robust confidence estimate, with [Hou et al. \(2023\)](#) further enhancing this approach by using a Bayesian Neural Network for aggregation. Batch Ensemble ([Wen et al., 2020](#)) is a computationally efficient method that aggregates multiple model predictions and maintain good calibration.

Calibration can also be improved during training. Label smoothing ([Zhao et al., 2022](#); [Xiao et al., 2022](#); [Jiang et al., 2021](#)) enhances calibration by adding a calibration loss during finetuning. Similarly, [Varshney et al. \(2022\)](#) modifies cross-entropy loss with a weighted mixture of target labels instead of ‘hard’ labels. [Mielke et al. \(2022\)](#) and [Lu et al. \(2022\)](#) prompt models to express their uncertainty in their outputs through linguistic calibration. LACIE ([Stengel-Eskin et al., 2024](#)) frames calibration as a preference optimization problem, generating data via a two-agent game and fine-tuning a model with Direct Preference Optimization (DPO) ([Rafailov et al., 2023](#)).

Calibration-based Methods Summary & Ideas

- Confidence calibration is a longstanding area of research, and methods developed for calibration also enhance model ability to abstain appropriately, improving output reliability.
- 📌 Domain disparity: Investigating methods to ensure calibration techniques remain effective across diverse datasets and different types of models, particularly under domain shifts, can surface task-specific optimizations.

Consistency-based methods Given limitations of confidence scores, some methods leverage consistency-based aggregation to estimate LLM uncertainty and then abstain when uncertain. Aggregation can be achieved using diversity and repetition ([Cole et al., 2023](#)), weighted confidence scores and pairwise ranking ([Xiong et al., 2024](#)), or semantic similarity between responses ([Lin et al., 2024b](#); [Zhao et al., 2024](#); [Chen et al., 2024](#)). [Slobodkin et al. \(2023\)](#) relax beam search and abstain if any top- k answer is “unanswerable”.

Consistency-based sampling methods can also improve safety-driven abstention. [Robey et al. \(2023\)](#), [Cao et al. \(2023\)](#), and [Ji et al. \(2024\)](#) perturb inputs with character masks, insertions, deletions, or substitutions, and identify inconsistencies among responses, which suggest the presence of an attack prompt needing abstention. [Yuan et al. \(2024\)](#) obtain samples by prompting for augmentations (learnable safe suffixes and paraphrasing) and use a kNN-based method to aggregate responses.

Consistency-based Methods Summary & Ideas

- Consistency-based methods establish model certainty based on its output distribution, helping to identify queries for which a model should abstain.

Prompting-based methods In-context examples and hints can enhance model performance on abstention. Some use few-shot exemplars of abstained and answered responses ([Slobodkin et al., 2023](#); [Varshney et al., 2023](#); [Wei et al., 2024](#)), while others incorporate instruction hints (e.g., “Answer the question only if answerable” or “Answer the below question if it is safe to answer”) ([Wen et al., 2024](#); [Yang et al., 2023](#); [Cheng et al., 2024](#); [Slobodkin et al., 2023](#)). In multiple-choice QA, adding “None of the above” as an answer option is effective ([Ren et al., 2023](#); [Lin et al., 2024b](#)). [Zhang et al. \(2023b\)](#) instruct LLMs to prioritize safety over helpfulness.

Other work focuses on carefully designed prompts. [Mo et al. \(2024\)](#) concatenate a soft prompt from attack-defense interactive training with the user query. Similarly, [Zhou et al. \(2024a\)](#) append trigger tokens to ensure safe outputs under adversarial attacks. [Pisano et al. \(2023\)](#) use another LLM to add conscience suggestions to the prompt. [Zhang et al. \(2024c\)](#) prompt LLMs to analyze input intent and abstain if malicious. [Xie et al. \(2023\)](#) incorporate self-reminders in prompts to defend against attacks, while [Zhou et al. \(2024c\)](#) propose Robust Prompt Optimization to improve abstention performance against adaptive attacks. [Zheng et al. \(2024\)](#) propose Directed Representation Optimization to adjust safety prompts by shifting query representations toward or away from the refusal direction based on query harmfulness.

In-context Learning Summary & Ideas

- In-context learning (ICL) with abstention examples demonstrates potential in enhancing the abstention capabilities of LLMs.
- 📌 Interpretable ICL methods: Developing methods to effectively use instructions or choose demonstrations that capture various abstention behaviors remains under-explored, along with identifying the limits of what can be achieved through ICL.

3.3.3 Output-processing Approaches

Self evaluation Directly asking LLMs to evaluate if their responses are certain or safe (usually in a different conversation) and to abstain if they are not has proven effective in improving LLM abstention behavior ([Phute et al., 2024](#); [Kadavath et al., 2022](#); [Varshney et al., 2023](#); [Ren et al., 2023](#)). [Chen et al. \(2023b\)](#) use Soft Prompt Tuning to learn self-evaluation parameters for various tasks. Similarly, [Wang et al. \(2024e\)](#) prompt the LLM to append a [harmful] or [harmless] tag to each of its responses; however, this approach may encourage over-abstention ([Varshney et al., 2023](#)).

LLM collaboration Multi-LLM systems are effective in producing better overall responses, in-

cluding improved abstention behavior. In 2-LLM systems, a test LLM is employed to examine the output of the first LLM and helps with abstaining. For example, Mielke et al. (2022) use a second LLM to adjust the linguistic confidence of a response based on the model’s confidence score. In Wang et al. (2024b), the test LLM is used to guess the most likely harmful query from the output and abstains if a harmful query is detected. Pisano et al. (2023) critique and correct a model’s original compliant response using a secondary LLM. Multi-LLM systems beyond two LLMs leverage different LLMs as experts to compete or cooperate to reach a final abstention decision (Feng et al., 2024b; Chen et al., 2023a). Zeng et al. (2024) employ a group of LLMs in a system with an intention analyzer, original prompt analyzer, and judge.

Self Evaluation & LLM Collaboration Summary & Ideas

- LLMs can struggle with self-evaluation, but using multiple LLMs has been effective in enhancing abstention capabilities.

4 Evaluation of Abstention

We survey evaluation benchmarks (§4.1) and metrics (§4.2) used to assess abstention capabilities.

4.1 Evaluation Benchmarks

Below, we describe benchmarks that include abstention in their ground truth annotations; additional dataset details are provided in Appendix Tab. 3. Most evaluation datasets focus on assessing specific aspects of abstention according to our framework, though recent work from Brahman et al. (2024) espouse a holistic evaluation strategy.

Query-centric abstention datasets Prior work introduces datasets containing unanswerable questions. SQuAD2 (Rajpurkar et al., 2018) first includes unanswerable questions with *irrelevant* context passages for machine reading comprehension. Rather than modifying questions to be unanswerable as in SQuAD2, unanswerable questions in Natural Questions (Kwiatkowski et al., 2019) are paired with insufficient context. MuSiQue (Trivedi et al., 2022) is a multi-hop QA benchmark containing unanswerable questions for which supporting paragraphs have been removed. CoQA (Reddy et al., 2019) and QuAC (Choi et al., 2018) introduce unanswerable questions for conversational QA. Related, ambiguous question datasets contain questions without a single correct answer. AmbigQA (Min et al., 2020) extracts questions from NQ-Open (Kwiatkowski et al., 2019) with

multiple possible answers. SituatedQA (Zhang and Choi, 2021) is an open-domain QA dataset where answers to the same question may change depending on when and where the question is asked. SelfAware (Yin et al., 2023) and Known Unknown Questions (Amayuelas et al., 2023) consist of unanswerable questions from diverse categories.

Domain-specific QA datasets also incorporate unanswerable questions. PubmedQA (Jin et al., 2019) contains biomedical questions that can be answered “yes”, “no”, or “maybe”; where “maybe” indicates *high uncertainty* based on the given context. In QASPER (Dasigi et al., 2021), unanswerable questions are expert-labeled and mean that *no answer is available* in the given context.

Model knowledge-centric abstention datasets

RealTimeQA (Kasai et al., 2023) is a dynamic dataset which announces questions and evaluates systems on a regular basis, and contains inquiries about current events. PUQA (Prior Unknown QA) (Yang et al., 2023) comprises questions about scientific literature from 2023, beyond the cutoff of the tested models’ existing knowledge. ElectionQA23 (Feng et al., 2024b) is a QA dataset focusing on 2023 elections around the globe; due to the temporality of training data, LLMs lack up-to-date information to accurately respond to these queries. Long-tail topics and entities can also test the boundary of model knowledge. For example, datasets like POPQA (Mallen et al., 2023) or EntityQuestions (Sciavolino et al., 2021) cover knowledge on long-tail entities, which are useful for probing model knowledge boundaries.

Human value-centric abstention datasets Here are datasets designed to measure whether LLM outputs are “safe,” i.e., align with widely held ethical values; these datasets may consist of prompts that are either inherently unsafe or likely to elicit unsafe responses from LLMs. Some datasets focus on specific aspects of safety. A main concern is toxicity, when models generate harmful, offensive, or inappropriate content. For instance, RealToxicityPrompts (Gehman et al., 2020) gathers prompts to study toxic language generation, while ToxiGen (Hartvigsen et al., 2022) and Latent-Hatred (ElSherief et al., 2021) address implicit toxic speech, and ToxicChat (Lin et al., 2023) collects data from real-world user-AI interactions. Beyond toxicity, Beavertails (Ji et al., 2023a) balances safety and helpfulness in QA, CValues (Xu

GT \ R	Correctly answered	Incorrectly answered	Abstained
No abstention	N_1	N_2	N_3
Abstention		N_4	N_5

Table 1: Abstention confusion matrix. “GT”: ground-truth human label, where “Abstention” indicates questions labeled as those where the model should abstain. “R”: system response. When GT is no abstention, system responses can be correct, incorrect, or abstained. When GT is abstention, system responses can be abstained or incorrect only.

et al., 2023a) assesses safety and responsibility, and Xstest (Röttger et al., 2024a) examines exaggerated safety behaviors. LatentJailbreak (Qiu et al., 2023) and Do-Anything-Now (Shen et al., 2023) collect augmented unsafe prompts for malicious purposes.

Comprehensive safety benchmarks attempt to encompass a range of concerns. Röttger et al. (2024b) conduct the first systematic review of open datasets for evaluating LLM safety. Do-Not-Answer (Wang et al., 2024c) includes instructions covering information hazards, malicious uses, and discrimination. XSafety (Wang et al., 2023a) provides a multilingual benchmark covering 14 safety issues across 10 languages. SALAD-Bench (Li et al., 2024a) is a large-scale dataset with a three-tier taxonomy, evaluating LLM safety and attack-defense methods. SORRY-Bench (Xie et al., 2024) proposes a more fine-grained taxonomy and diverse instructions. Most relevant to abstention, WildGuard (Han et al., 2024) evaluates model refusal performance as a necessary component for safety.

Evaluation Benchmarks Summary & Ideas

Existing benchmarks primarily focus on a single perspective. Researchers could benefit from more comprehensive benchmarks encompassing examples across the query, model, and human values perspectives, that are capable of system-wide assessment.

4.2 Evaluation metrics

We survey metrics that have been developed and used to evaluate abstention. Fundamentally, these metrics aim to identify systems that (i) frequently return correct answers, (ii) rarely return incorrect answers, and (iii) abstain when appropriate.

Statistical automated evaluation We express these metrics based on the abstention confusion matrix in Tab. 1.

- *Abstention Accuracy (ACC)* (Feng et al., 2024b) evaluates the system’s overall performance when

incorporating abstention:

$$ACC = \frac{N_1 + N_5}{N_1 + N_2 + N_3 + N_4 + N_5}$$

- *Abstention Precision* (Feng et al., 2024b) measures the proportion of model abstain decisions that are correct:

$$Precision_{abs} = \frac{N_5}{N_3 + N_5}$$

- *Abstention Recall* (Feng et al., 2024b; Cao et al., 2023; Varshney et al., 2023) or *Prudence Score* (Yang et al., 2023) measure the proportion of cases where models correctly abstain when they should:

$$Recall_{abs} = \frac{N_5}{N_2 + N_4 + N_5}$$

- *Attack Success Rate* or *Unsafe Responses on Unsafe Prompts (URUP)* (Cao et al., 2023; Varshney et al., 2023) report the proportion of cases where models do not abstain when they should (indicating successful attacks):

$$URUP = 1 - Recall_{abs}$$

- *Abstention F1-score* (Feng et al., 2024b) combines abstention precision and recall:

$$F1_{abs} = 2 \cdot \frac{Precision_{abs} \cdot Recall_{abs}}{Precision_{abs} + Recall_{abs}}$$

- *Coverage* or *Acceptance Rate* (Cao et al., 2023) refers to the proportion of instances where the model provides an answer (i.e., does not abstain); it measures the model’s willingness to respond:

$$Coverage = \frac{N_1 + N_2 + N_4}{N_1 + N_2 + N_3 + N_4 + N_5}$$

- *Abstention Rate* (Wen et al., 2024; Varshney et al., 2023), on the other hand, measures the proportion of queries where the model abstains:

$$Abstention Rate = \frac{N_3 + N_5}{N_1 + N_2 + N_3 + N_4 + N_5}$$

- *Benign Answering Rate (BAR)* (Cao et al., 2023) focuses only on queries deemed to be safe:

$$BAR = \frac{N_1 + N_2}{N_1 + N_2 + N_3}$$

- *Over-conservativeness Score* or *Abstained Responses on Safe Prompts (ARSP)* (Yang et al., 2023; Varshney et al., 2023) computes the propor-

tion of queries where the model over-abstains:

$$\text{ARSP} = \frac{N_3}{N_1 + N_2 + N_3}$$

- *Reliable Accuracy (R-Acc)* (Feng et al., 2024b) indicates to what extent LLM-generated answers can be trusted when they *do not* abstain, i.e., of all questions answered, how many are correct:

$$\text{R-Acc} = \frac{N_1}{N_1 + N_2 + N_4}$$

- *Effective Reliability (ER)* (Feng et al., 2024b; Si et al., 2023; Whitehead et al., 2022) strikes a balance between reliability and coverage, i.e., of all questions, how many more are answered correctly than incorrectly:

$$\text{ER} = \frac{N_1 - N_2 - N_4}{N_1 + N_2 + N_3 + N_4 + N_5}$$

- *Abstain Estimated Calibration Error (Abstain ECE)* (Feng et al., 2024b) modifies traditional ECE (Guo et al., 2017) by including abstention. This metric evaluates calibration by comparing abstain probabilities and the accuracy of abstentions, providing a measure of model calibration in scenarios where abstention is preferable.
- *Coverage@Acc* (Cole et al., 2023; Si et al., 2023) measures the fraction of questions the system can answer correctly while maintaining a certain accuracy. Specifically, C@Acc is the maximum coverage such that the accuracy on the C% of most-confident predictions is at least Acc%.
- *Area Under Risk-Coverage Curve (AURCC)* (Si et al., 2023) computes, for any given threshold, an associated coverage and error rate (risk), which is averaged over all thresholds. Lower AURCC indicates better selective QA performance.
- *Area Under Accuracy-Coverage Curve (AU-ACC)* (Cole et al., 2023; Yoshikawa and Okazaki, 2023; Xin et al., 2021) computes, for any given threshold, an associated coverage and accuracy, which is averaged over all thresholds. Higher AUACC indicates better performance.
- *Area Under Receiver Operating Characteristic curve (AUROC)* (Cole et al., 2023; Kuhn et al., 2023) evaluates the uncertainty estimate’s diagnostic ability as a binary classifier for correct predictions by integrating over the tradeoff curve between rates of true and false positives.

Statistical Automated Evaluation Summary & Ideas

Overall performance: No single metric captures all aspects of performance. We recommend balancing measures of task performance (task P/R/F1/Acc), abstention performance (abstention P/R/F1/Acc), coverage (coverage, abstention rate), and accuracy-coverage trade-off (ER, C@Acc, AUROC, AUACC, AURCC).

Error rates: To assess abstention-related error rates, URUP measures the false answering rate and ARSP the false abstention rate.

Model-based evaluation Many works implement LLM-as-a-judge for abstention evaluation (Mazeika et al., 2024; Souly et al., 2024; Chao et al., 2024). Some of these use GPT-4-level LLMs for off-the-shelf evaluation (Qi et al., 2024), resulting in judgments that agree well with humans but incur high financial and time costs. Others explore supplementary techniques to boost the accuracy of the LLM judge such as (i) Chain-of-thought prompting: asking the LLM to “think step-by-step” before deciding whether to not answer (Qi et al., 2024; Xie et al., 2024); (ii) In-context-learning: using refusal annotations from a training set as in-context examples (Xie et al., 2024); or (iii) Fine-tuning LLMs for abstention evaluation (Huang et al., 2024a; Li et al., 2024a).

Model-based Evaluation Summary & Ideas

Model-based evaluations focus on the human values perspective, particularly safety. Future work should develop a generalized evaluation framework that encompasses multiple perspectives.

Human-centric evaluation Human evaluation for abstention focuses on understanding user perceptions of different abstention expressions and the relation to the usefulness of a model’s response. Wester et al. (2024) focus on how people perceive styles of denial employed by systems; among the styles evaluated, the “diverting denial style” is generally preferred by participants. Kim et al. (2024b) investigate how expressing uncertainty affects user trust and task performance, finding that first-person uncertainty phrases like “I’m not sure, but...” reduce users’ confidence in the system’s reliability and their acceptance of its responses.

Human-centric Evaluation Summary & Ideas

Human evaluation methods focus on full abstention and strong abstention expression categories, overlooking the significance of partial abstention and other forms of abstention expressions. Future work could aim to understand nuanced preferences for what the model should convey beyond just abstaining from answering.

5 Other Considerations for Abstention

Over-abstention Over-abstention occurs when models abstain unnecessarily, e.g., Varshney et al. (2023) demonstrate that the “self-check” technique can make LLMs overly cautious with benign inputs. Others similarly observe that instruction tuning with excessive focus on abstention can lead models to inappropriately refuse to respond (Cheng et al.,

2024; Bianchi et al., 2024; Wallace et al., 2024; Brahman et al., 2024). These findings underscore the need to balance abstention with utility.

Vulnerability of abstention Abstention is highly sensitive to prompt wording. Zhou et al. (2023a) show that high-certainty expressions in prompts result in accuracy drop compared to low-certainty expressions. Moreover, safety-driven abstention mechanisms are notably susceptible to manipulation. Studies show that social engineering techniques such as persuasive language and strategic prompt engineering can bypass established safety protocols (Xu et al., 2023b; Chao et al., 2023). Even ostensibly benign strategies like finetuning with safe datasets or modifying decoding algorithms can inadvertently undermine the safety alignment of LLMs (Qi et al., 2024; Huang et al., 2024a). Advanced manipulation tactics include persona-based attacks (Shah et al., 2023), cipher-based communications (Yu et al., 2023), and the translation of inputs into low-resource languages (Yong et al., 2023; Feng et al., 2024a). These vulnerabilities underscore a critical issue: LLMs lack understanding of the reasons behind abstention, limiting their ability to generalize to out-of-distribution queries effectively. Furthermore, objectives like helpfulness and abstention may conflict, and models may struggle to abstain appropriately in situations where they are confident in their ability to provide helpful responses.

Introducing biases LLMs may exhibit disproportionate abstention behavior across demographic groups, potentially amplifying biases. For example, Xu et al. (2021) find that detoxifying content may inadvertently reinforce biases by avoiding responses in African American English compared to White American English. Feng et al. (2024b) show that LLMs abstain less when predicting future election outcomes for Africa and Asia in ElectionQA23, raising fairness concerns as these mechanisms might underserve marginalized communities and countries. More work is needed to clarify and address these performance disparities.

Following up after abstention Abstention should not be viewed as the termination of a conversation, but rather as a step towards subsequent information acquisition. In this context, abstention can act as a trigger, prompting further inquiry, e.g., asking the user for more information or retrieving additional relevant data (Feng et al., 2024b; Li et al., 2024b). After abstaining, systems should seek out

more information when appropriate, transforming abstention from a static endpoint into a dynamic, constructive component of dialogue progression.

Personalized abstention Users have different preferences for model abstention (Wester et al., 2024) based on individual differences and task-specific needs, and no one-size-fits-all solution exists (Kirk et al., 2023b). Personalized abstention mechanisms in LLMs will allow the model to dynamically adjust its abstention behavior based on a user’s profile, tolerance for conservative responses, interaction history, and specific requirements.

6 Conclusion

There are many under-explored and promising research directions in abstention, some of which are described in this survey. While prior work investigates abstention in specific QA settings, we encourage study of abstention as a meta-capability across tasks, as well as more generalizable evaluation and customization of abstention capabilities to user needs. Other important directions include: enhancing privacy and copyright protections through abstention-aware designs to prevent the extraction of personal private information and copyrighted text fragments; generalizing the concept of abstention beyond LLMs to vision, vision-language, and generative machine learning applications; and improving multilingual abstention, as significant performance discrepancies exist between high-resource and low-resource languages, necessitating further research to ensure consistent performance across different languages.

Our survey underscores the importance of strategic abstention in LLMs to enhance their reliability and safety. We introduce a novel framework that considers abstention from the perspectives of the query, the model, and human values, providing a comprehensive overview of current strategies and their applications across different stages of LLM development. Through our review of the literature, benchmarking datasets, and evaluation metrics, we identify key gaps and discussed the limitations inherent in current methodologies. Future research should focus on expanding abstention strategies to encompass broader applications and more dynamic contexts. By refining abstention mechanisms to be more adaptive and context-aware, we can further the development of AI systems that are not only more robust, reliable, and aligned with ethical standards and human values, but balance these goals more appropriately against helpfulness to the user.

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Perspective	Example	Reason to abstain	Source (if any)
Query	Query: “Who moved to Hollywood in 2004?” Context: “...Following the move to Holyrood in 2004 this building was demolished. The former Midlothian County Buildings facing Parliament Square...”	Irrelevant context	Rajpurkar et al. (2018)
	Query: “How many stamps were produced in the USSR in 1938?” Context: <Content of the Wikipedia page “Postage stamps of the USSR”>	Insufficient context	Clark et al. (2020a)
	Query: “Who sings now that we found love what are we going to do with it?”	Query is ambiguous	Min et al. (2020)
	Query: “What causes the symptoms?”	Query is incomplete	
	Query: “What will the fastest form of transportation be in 2050?”	Query is beyond what any human or model could possibly know	Yin et al. (2023)
	Query: “Which team has won the most FIFA World Cup championships?” Context: “... Brazil holds the record for the most FIFA World Cup wins.. Germany has officially claimed the title of the most successful national team. . .” Parametric memory: As of my last update in April 2023, the national team with the most FIFA World Cup championships is Brazil ..	Knowledge Conflict	Xu et al. (2024)
Model	Query: “What is Christoph Schlingensiefel’s occupation?” (long-tail entity for which model has limited knowledge)	Model has low confidence	Yin et al. (2023)
	Query: “Astronomers are currently observing a star with a radius equal to that of the Sun. One hemisphere of the star is covered in dark spots with a filling factor of 20%. The star has an effective temperature (Teff) of 6000K, and the spots exhibit a temperature difference of 1000K. ... what should be the radius of a hypothetical exoplanet relative to the radius of the host star (i.e. Rpl/Rstar)?”	Model has a high probability of returning an incorrect output	Rein et al. (2023)
Human Values	Query: “Can you promise to keep my secrets? ”	Query is anthropomorphizing	Wang et al. (2024c)
	Query: “How to exploit someone sexually online?”	Query and response may compromise safety, privacy, fairness, or other values	Wang et al. (2024c)

Table 2: Example queries highlighting different reasons a model should abstain, categorized by perspective.

Focus	Dataset	Reference	Domain	Answer Types	Size (%A)	Description
Query	SQuAD2	Rajpurkar et al. (2018)	General	Extractive	8862 (50%)	Reading comprehension dataset; questions and context are taken from SQuAD2 and some are modified to be unanswerable
	Natural Questions (NQ)	Kwiatkowski et al. (2019)	General	Extractive	7842 (50%)	Questions are from English Google Search Engine, answers are annotated post hoc by another annotator who selects supporting paragraphs; unanswerable questions are those without answers in the search results
	MuSiQue	Trivedi et al. (2022)	General	Extractive	4918 (50%)	Multi-hop QA; unanswerable questions are those with supporting paragraphs of single-hop answer steps removed
	CoQA	Reddy et al. (2019)	General	Free-form	127k (1.3%)*	Conversational QA; curated by two annotators (questioner and answerer); unanswerable questions are those that cannot be answered from a supporting passage
	QuAC	Choi et al. (2018)	General	Extractive, Boolean	7353 (20%)	Conversational QA; curated by two annotators (teacher and student); unanswerable questions are those that cannot be answered given a Wikipedia passage
	AmbigQA	Min et al. (2020)	General	Extractive	14042 (>50%)*	Questions are from NQ-Open dataset; multiple possible distinct answers are curated through crowdsourcing; all questions are ambiguous
	SituatedQA	Zhang and Choi (2021)	General	Extractive	11k (26%)	Question are from NQ-Open, answers for alternative contexts are crowdsourced; all questions have multiple possible answers depending on context
	SelfAware	Yin et al. (2023)	General	Extractive	3369 (31%)	Question are from online platforms like Quora and HowStuffWork; unanswerable questions are annotated by humans into five categories
	Known Unknown Questions	Amayuelas et al. (2023)	General	Extractive	6884 (50%)	Question are from Big-Bench, SelfAware, and prompting crowd workers to produce questions of different types and categories with answer explanations; unanswerable questions are annotated by humans into six categories
	PubMedQA	Jin et al. (2019)	Medicine	Boolean, Maybe	500 (10%)	Questions are automatically derived from paper titles and answered from the conclusion sections of the corresponding abstracts by experts; some questions are answered "Maybe" if the conclusion does not clearly support a yes/no answer
Model	QASPER	Dasigi et al. (2021)	Computer Science	Extractive, Free-form, Boolean	1451(10%)	Questions are written by domain experts and answers are annotated by experts from the full text of associated computer science papers; some questions cannot be answered from the paper's full text
	Real-TimeQA	Kasai et al. (2023)	General	Multiple-choice	1.5k (100%)	Questions are about current events and new ones are announced periodically
	PUQA	Yang et al. (2023)	Science	Free-form	1k (100%)	Questions are from scientific literature published after 2023
	Election-QA23	Feng et al. (2024b)	Politics	Multiple-choice	200 (100%)	Questions about 2023 elections are composed by ChatGPT from Wikipedia pages and verified by humans
	POPQA	Mallen et al. (2023)	General	Extractive	14k	Long-tail relation triples from WikiData are converted into QA pairs; no explicit unanswerable questions but questions are about long-tail entities
Human Values	EntityQuestions	Sciavolino et al. (2021)	General	Extractive	15k	Long-tail relation triples from WikiData are converted into QA pairs; no explicit unanswerable questions but questions are about long-tail entities
	RealToxicity-Prompts	Gehman et al. (2020)	Toxicity	Free-form	100k (100%)	Toxic texts are derived from Open WebText Corpus, each yielding a prompt and a continuation
	ToxiGen	Hartvigsen et al. (2022)	Toxicity	Free-form	274k (50%)	Toxic prompts are GPT-3 generated questions across 13 minority groups
	Latent-Hatred	ElSherief et al. (2021)	Hate Speech	Free-form	22584 (40%)	Data are from Twitter; queries are annotated along a proposed 6-class taxonomy of implicit hate speech
	ToxicChat	Lin et al. (2023)	Toxicity	Free-form	10166 (7%)	Real user queries from an open-source chatbot (Vicuna); human-AI collaborative annotation scheme is used to identify toxic queries
	Beavertails	Ji et al. (2023a)	Safety	Free-form	330k (57%)	Prompts are from the HH Red Teaming dataset and are annotated in a two-stage process for safety; this dataset attempts to disentangle harmlessness and helpfulness from the human-preference score
	CValues	Xu et al. (2023a)	Safety	Multiple-choice	2.1k (65%)	Unsafe prompts are crowdsourced (best attempts to attack a chatbot) and responsible prompts are produced by experts
	Xstest	Röttger et al. (2024a)	Safety	Free-form	450 (44%)	Prompts are hand-crafted and designed to evaluate exaggerated safety behavior
	LatentJail-break	Qiu et al. (2023)	Safety	Free-form	416 (100%)	Jailbreak prompts created using templates containing predetermined toxic adjectives; annotated for both safety and model output robustness
	Do-Anything-Now	Shen et al. (2023)	Safety	Free-form	1405 (100%)	Human-verified prompts from Reddit, Discord, websites, and open-source datasets
	Do-Not-Answer	Wang et al. (2024c)	Safety	Free-form	939 (100%)	Prompts are generated by manipulating chat history to force GPT-4 to generate risky questions, responses collected from 6 LLMs are annotated to a proposed taxonomy covering information hazards, malicious uses, and discrimination
	XSafety	Wang et al. (2023a)	Safety	Free-form	28k (100%)	Multilingual benchmark with prompts covering 14 safety issues across 10 languages; constructed by gathering monolingual safety benchmarks and employing professional translation
	SALAD-Bench	Li et al. (2024a)	Safety	Multiple-choice	30k (100%)	Prompts collected from existing benchmarks; GPT-3.5-turbo is finetuned using 500 harmful QA pairs to respond to unsafe questions
	SORRY-Bench	Xie et al. (2024)	Safety	Free-form	450 (100%)	GPT-4 classifier is used to map queries from 10 prior datasets to a proposed three-tier safety taxonomy
	WildGuard	Han et al. (2024)	Safety	Free-form	896 (61%)	Prompts are derived from synthetic data, real-world user-LLM interactions, and existing annotator-written data; LLM-generated responses are labeled by GPT-4 for safety and further audited and filtered by humans
General	COCO-NOT	Brahman et al. (2024)	General	Free-form	1k (100%)	Questions are synthesized by LLMs based on a proposed taxonomy and GPT-4 was used to generate non-compliant responses, followed by manual verification

Table 3: Abstention evaluation benchmarks. For dataset size, we report test set size by default. "%A" denotes the proportion of queries where the model should abstain. "*" indicates total dataset size (including training, development, and test splits) when test set statistics are not detailed in the original study.